

ICF credentialed coach and supervisor. Co-founder of the Hero's Journey Coach Project and its coach training program, the CoachAcademy. Takes part as a trainer in 3 other coach and supervisor training programs in Hungary. Studied economy, applied psychology, pedagogy and supervision. Works both with private clients and in organisations.

"Being present in a process as a supervisor and coach, it means mutual learning for me. The biggest joy for me is to be able participate in the discovery of the client of their own dilemmas. For my client to be able to do that, my main job is to create a trusting, non-judgemental, professional and personal balancing, harmonizing space, where time flows by differently, and where the client can look at himself, at his circumstances and his questions in a different way, with a new perspective. A space, where he can discover his strengths, his values, and true desires, and where he can face even his fears. And based on these new approaches he can verbalize the needed next steps. I believe that the accepting, equal relationship deliberates such energies in the client, which bring change into his dilemma, in his sense of satisfaction and freedom, in his personal relationships and his health as well."